

Orofacial Myofunctional Therapy Four Day Course - Online

Day 1 Saturday 22nd May

8.15-8.30 Registration

8.30-9.00 Greeting and introduction of delegates

9.00-10.30 Introduction, definitions, scope of practice – *Rochelle 90mins*

10.30-11.00 Break – 30 minutes

11.00-1.00 Influences on Orofacial Development – *Carla 2hrs (2.5hrs total)*

1.00-2.00 **Lunch – 60 minutes**

2.00-2.30 Influences on Orofacial Development – *Carla 30mins (2.5hrs total)*

2.30-3.30 Cause and Effect of an Incorrect Swallow Pattern, Importance of Tongue Position, Lip Seal and Tone – *Rochelle 60mins (90mins total)*

3.30-4.00 **Break - 30 minutes**

4.00-4.30 Cause and Effect of an Incorrect Swallow Pattern, Importance of Tongue Position, Lip Seal and Tone – *Rochelle 30mins (90mins total)*

4.30-4.45 Workshop – Spots, lip meters, tongue rest position, swallow pattern – *C & R 15mins*

4.45-5.30 Anatomy – Face Painting - *45mins*

Day 2 Sunday 23rd May

8.30-10.30 Airways and importance – Interdisciplinary Approach – *Rochelle 2 hours*

10.30-11.00 Break 30 minutes

11.00-1.00 Frenums – *Carla 2hrs (total 2.5hrs)*

1.00-2.00 **Lunch 60 minutes**

2.00-2.30 Frenums – *Carla 30mins (total 2.5hrs)*

2.30-3.00 Frenum workshop – *30mins*

3.00-3.30 Intra and Extra oral examination – *Rochelle 30mins (60mins in total)*

3.30-4.00 **Break 30 minutes**

4.00-4.30 Intra and Extra oral examination – *Rochelle 30mins (60mins in total)*

4.30-5.00 Photography – *Carla 30mins*

5.00-5.30 Photography Workshop and measurements and Intra / Extra oral examination workshop – *R&C 60mins*

Day 3 Saturday 5th June

8.30 -10.30 The Sucking Correction Program / Assessment / Treatment – *Carla 2 hours (2.5hrs in total)*

10.30-11.00 Break 30 minutes

11.00-11.30 The Sucking Correction Program / Assessment / Treatment – *Carla 30mins (2.5hrs in total)*

11.30-1.00 The Adult Patient / TMD / Sleep – *Rochelle 90mins (2hrs in total)*

1.00-2.00 Lunch 60 minutes

2.00-2.30 The Adult Patient / TMD / Sleep – *Rochelle 30mins (2hrs in total)*

2.30-3.30 Lesson Plans /Lip Seal / Tongue Position / Posture / Nasal breathing lessons – *(lesson plans – recap objectives: lip seal, tongue, posture, nasal breathing etc) workshop - Carla & Rochelle 60mins*

3.30-4.00 Break 30 minutes

4.00-5.30 Lesson Plans /Lip Seal / Tongue Position / Posture / Nasal breathing lessons – *(lesson plans – recap objectives: lip seal, tongue, posture, nasal breathing etc) Workshop- Carla & Rochelle 90mins*

Day 4 Sunday 6th June

8.30-10.00 Information to Assist in the Growth & Development of Babies in Their First Two Years of Life – *Rochelle 90mins*

10.00-10.30 Break 30 minutes

10.30-11.30 Improving Tongue Tone and Function / Establishing the Correct Swallow (workshop) – *Carla & Rochelle 60mins*

11.30-12.30 Orthodontic Consideration – *Rochelle 45mins*

12.30-1.30 Lunch 60 minutes

1.30-2.30 *Case Studies – Workshop – Carla 60mins*

3.15-3.45 Break 30 minutes

3.45-4.30 Additional exercises *45mins*

4.30-5.00 Q & A *30mins*

5pm Conclusion